

Pronoun Activity

Step 1: Ask your partner the following questions, then record their responses in the space provided.

1. What is their name and what are their pronouns?
2. Where do you live?
3. Who did they spend their weekend with?
4. What did they do over the weekend?
5. What are they most looking forward next week?
6. What is the best part of your job?

Step 2: Next, go find another pair of people and take turns introducing your partner to them without using gendered pronouns (he/she, him/her, his/hers), instead, using gender neutral pronouns [they/them/theirs] OR [ze/sie/zie (subject), hir (object, possessive adjective/pronoun, reflexive)]. Swap with partners when done.

Step 3: Follow up questions

1. How did you find the activity? Was it hard/easy? Why?
2. Where might you, as a counsellor, need to be thoughtful about pronoun usage?
3. What are some questions you have about pronouns?